



MINISTRY OF HEALTH AND MEDICAL SERVICES

Date: 04/03/2020

Travel Advisory 3: 2019 novel coronavirus (COVID-19)

On January 28th 2020 the Fijian Government advised all Fijians to avoid travel to mainland China. In light of the developing global situation, with 72 countries now reporting cases of COVID-19, we are now urging all Fijians to also avoid travel to countries outside China that have been assessed as higher risk. Currently these countries are Iran, Italy, and South Korea.

If you are traveling internationally please:

- Avoid contact with persons with flu like symptoms - keep at least 2 metres away
- Practice hand and respiratory hygiene:
 - Frequently clean your hands with soap and water or an alcohol based hand rub
 - Cover your mouth and nose with tissue, sleeve, or elbow when coughing or sneezing. Throw tissue into a close bin after use. Clean hands after coughing and sneezing and when caring for the sick

A list of COVID-19 affected countries is available via the latest daily situation report published by the World Health Organisation <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports>

If you have been to a COVID-19 affected country in the last 14 days and develop a fever, cough or difficulty breathing immediately contact one of the numbers listed below. If you need to see a doctor please call ahead, using the following phone numbers, before visiting to reduce the risk of infecting other patients.

Central 2219905 Eastern 2219906 Western 2219907 Northern 2219908