



## **MINISTRY OF HEALTH AND MEDICAL SERVICES**

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### **Travel Advisory: 2019 novel coronavirus (2019-nCoV)**

**Fijians are strongly advised against any travel to the Hubei province in China. This includes the cities of Wuhan, Huanggang, Ezhou, Chibi, Xiantao, Zhijiang, Qianjiang, Xianning, Huagshi, and Enshi.** This advice may be reviewed as the situation develops.

If you are traveling to China please:

- Avoid visiting 'wet' markets that sell live and dead animals out in the open
- Avoid unprotected contact with live wild or farm animals
- Avoid contact with persons with flu like symptoms
- Ensure that you only eat meat or eggs that are thoroughly cooked,
- Practice hand and respiratory hygiene (described below).
  - Cover your mouth and nose with tissue, sleeve, or elbow when coughing or sneezing. Throw tissue into a close bin after use. Clean hands after coughing and sneezing and when caring for the sick
  - Frequently clean your hands with soap and water or an alcohol based hand rub
  - Avoid contact with persons with flu like symptoms